Coaches Report 2017/18

Every week coaches for all sessions - whether junior, track and field or endurance - give up their valuable time to support the club for which I, on behalf of all club members, wish to thank them for as always.

The junior/intermediate sessions have been supported by a core group of regular coaches throughout the year. Linda Tullett works tirelessly to ensure the junior and intermediate part of the club continues to attract huge waiting lists. A number of coaches continue to support these sessions and are a valuable and vital part of making these sessions so popular.

Track and field coaching sessions have taken a down turn in recent months with very few adult athletes wanting these sessions which is of concern – especially to me as Head Coach who joined the club 23 years ago to become a track and field athlete. Part of this demise may be due to the absence of Bob Ruff a track and field coach of many years who has sadly been very unwell for the majority of this year.

On the endurance side Martin Delbridge has continued to oversee sessions and reports continued success with every group leader supporting the sessions ensuring everyone receives advice and guidance. The reported success of the endurance side of the club no doubt can be attribute in part to the assistance given by these coaches.

The club has grown in recent years and has ambitious plans for further development and facilities in the future – which will have to include encouraging more coaches to get involved. The club is keen to support coaches in new qualifications and also support new coaches in getting the qualifications needed to give it a go. Without more interest from coaches or those wishing to give it a try the club is at risk of losing its foundation particularly in relation to track and field.

Lucie Venables

Head Coach