

**Results for All Competitors in finish order.**

Place	Time	Name	Team	Race Age Category	Pace min/mile	Race No	Race Place
1	0:32:04	BAKER, James	Chichester Runners AC	Senior Men	06:24.7	170	1
2	0:34:49	ASPELL, Leighton	A Runners	Senior Men	06:57.7	276	2
3	0:34:59	TAUB, Louis	Brighton & Hove	Senior Men	06:59.7	273	3
4	0:35:35	COATES, Tom	Phoenix AC	Senior Men	07:06.8	250	4
5	0:36:07	PROSSER, Paul	Brighton & Hove	MV40-49	07:13.2	256	5
6	0:36:13	BRISTOW, Howard	Brighton & Hove	Senior Men	07:14.4	195	6
7	0:37:16	PARRACK, Colin		MV40-49	07:27.0	225	7
8	0:37:18	MASTERS, Andrew	Lewes	Senior Men	07:27.4	265	8
9	0:37:49	MOORE, Katy	Brighton & Hove	Senior Ladies	07:33.6	254	9
10	0:38:26	DUNSTALL, David	Seaford Striders	MV40-49	07:41.0	243	10
11	0:38:49	BONE, Andy	Phoenix AC	MV40-49	07:45.6	187	11
12	0:39:44	CUMINS, Dave	BMF	Senior Men	07:56.6	282	12
13	0:40:07	CHILTON, Christian	Brighton & Hove	Senior Men	08:01.2	214	13
14	0:40:20	PENTLAND, Bob	Portsmouth Joggers	MV50-59	08:03.8	134	14
15	0:40:43	JONES, Hywell	Arena	MV40-49	08:08.4	274	15
16	0:41:34	ROBERTSON, Scott		Senior Men	08:18.6	242	16
17	0:42:18	WEEKES, Tim		MV40-49	08:27.4	262	17
18	0:42:56	FRIEND, Brian	Phoenix AC	MV50-59	08:35.0	278	18
19	0:43:02	HAYNES, Richard	Haywards Heath Harriers	MV50-59	08:36.2	178	19
20	0:43:10	AGEROS, Benjamin		Senior Men	08:37.8	268	20
21	0:43:13	STEWART, David	Crawley	Senior Men	08:38.4	139	21
22	0:43:15	GULLIVER, Lee	Worthing & District Harriers	Senior Men	08:38.8	160	22
23	0:44:01	CAFFYN, Michael	A Runners	Senior Men	08:48.0	207	23
24	0:44:16	PITT, Anthony		Senior Men	08:51.0	183	24
25	0:44:34	SWAN, Natasha	Seaford Striders	FV35-49	08:54.6	152	25
26	0:44:39	WEST, Graham	Utopia Runners	MV40-49	08:55.6	251	26
27	0:44:42	WOOD, Caroline	Arena 80	FV35-49	08:56.2	136	27
28	0:45:08	GREEN, Jay		MV40-49	09:01.4	277	28
29	0:45:11	BLOUNT, Thomas		Senior Men	09:02.0	169	29
30	0:45:20	MOSS, Ian	Phoenix AC	MV40-49	09:03.8	248	30
31	0:45:22	PARKIN, Julien	Lewes	MV50-59	09:04.2	266	31
32	0:45:25	SHIMIZU, Sachio		Senior Men	09:04.8	151	32
33	0:45:39	LARGE, David	Saints & Sinners	MV40-49	09:07.6	238	33
34	0:45:57	TOMBS, LINDA	Fittleworth Flyers	FV50-59	09:11.2	218	34
35	0:46:07	DORAN, James	Fittleworth Flyers	Senior Men	09:13.2	216	35
36	0:46:10	CARDER, Judith	Brighton & Hove	FV50-59	09:13.8	198	36
37	0:46:17	MARSHALL, Ian	Cambridge H	MV60+	09:15.2	138	37
38	0:46:20	WATTS, Simon		MV40-49	09:15.8	177	38
39	0:46:24	KEMP, Malcolm	Phoenix AC	MV60+	09:16.6	267	39
40	0:46:34	MONK, David		MV40-49	09:18.6	284	40
41	0:46:38	MCARRAGHER, Tim		Senior Men	09:19.4	264	41
42	0:46:42	TOWNSEND, Paul		MV60+	09:20.2	244	42
43	0:46:47	AUSTIN, Patrick	Cambridge H	MV40-49	09:21.2	149	43
44	0:46:55	MALLINSON, Chris	Brighton & Hove	Senior Men	09:22.8	236	44
45	0:47:01	UPTON, Stephane	Striders of Croydon	FV35-49	09:24.0	123	45
46	0:47:12	MARTIN, Richard		MV40-49	09:26.2	231	46
47	0:47:14	SOBOTKOVA, Lenka	Phoenix AC	Senior Ladies	09:26.6	249	47
48	0:47:27	CLARK, Andrew		Senior Men	09:29.2	124	48
49	0:47:36	DORAN, Des	Fittleworth Flyers	MV40-49	09:31.0	215	49
50	0:47:45	BOLTON, Nick		Senior Men	09:32.8	206	50
51	0:47:56	MAYTUM, Simon	FRA	MV40-49	09:35.0	257	51
52	0:47:59	STANDING, Alex		Senior Men	09:35.6	226	52
53	0:48:16	HILDER, Ian		MV40-49	09:39.0	228	53
54	0:48:22	STEPHENSON, Mark	Arena 80	MV40-49	09:40.2	135	54
55	0:48:29	KIRKDALE, Brian	Hastings Road Runners	MV50-59	09:41.6	223	55
56	0:48:44	WALLER-CARR, Samuel			09:44.6	287	56

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57	0:48:50	TULL, David	Cambridge H	MV60+	09:45.8	172	57
58	0:48:51	GASTON, Paul	Hastings Road Runners	MV60+	09:46.0	222	58
59	0:48:57	ALLEN, Matthew		Senior Men	09:47.2	288	59
60	0:49:10	MEARS, Andy		MV40-49	09:49.8	137	60
61	0:49:14	SMITH, Ken	Phoenix AC	Senior Men	09:50.6	258	61
62	0:49:17	MACKMAN, Stewart	Natwest Bank AC	MV50-59	09:51.2	180	62
63	0:49:21	KEARNEY, Pat	Phoenix AC	MV50-59	09:52.0	247	63
64	0:49:25	PURCHASE, Rupert	Haywards Heath Harriers	MV60+	09:52.8	185	64
65	0:49:32	BRITTEN, Jonnathan	Arena	MV40-49	09:54.2	245	65
66	0:49:40	ROBERJOT, Dominic	Haywards Heath Harriers	Senior Men	09:55.8	261	66
67	0:49:45	LITTLE, John	Lancing Eagles	Senior Men	09:56.8	189	67
68	0:49:51	CIESLIK, Richard	Farnham Runners	MV50-59	09:58.0	197	68
69	0:50:11	MAINWARING, Stephen		Senior Men	10:02.0	201	69
70	0:50:34	LANGHORN, Jourden		Senior Men	10:06.6	161	70
71	0:50:37	BILHAM, Warwick	South London Harriers	MV50-59	10:07.2	125	71
72	0:50:47	HUNT, Sarah		FV35-49	10:09.2	159	72
73	0:50:56	HADDOCK, Jonathan		MV40-49	10:11.0	150	73
74	0:51:13	PADDON, Henry	Tristore	MV50-59	10:14.4	217	74
75	0:51:20	BOLTON, Keith	Worthing Striders	MV50-59	10:15.8	148	75
76	0:51:29	PULLEN, Les	Cambridge H	MV50-59	10:17.6	270	76
77	0:51:32	FEARN, Mike		MV60+	10:18.2	229	77
78	0:51:35	CARGAN, Peter	Saints & Sinners	MV50-59	10:18.8	235	78
79	0:51:50	WINTER, Eddie	Arena	MV40-49	10:21.8	252	79
80	0:51:52	STOFFELL, Stephen		MV50-59	10:22.2	167	80
81	0:51:58	WOTTON, George		MV40-49	10:23.4	246	81
82	0:52:08	HADLEY, Peter	Cambridge H	MV60+	10:25.4	224	82
83	0:52:18	CLARKE, Leigh	Horsham Joggers	FV35-49	10:27.4	144	83
84	0:52:20	GALLAGHER, Tom		Senior Men	10:27.8	241	84
85	0:52:34	MCARRAGHER, Heather		FV35-49	10:30.6	263	85
86	0:52:57	CARDER, Tim	Brighton & Hove	MV50-59	10:35.2	199	86
87	0:53:04	SWANN, Trevor	Tone Zone Runners	MV50-59	10:36.6	146	87
88	0:53:06	MAINWARING, Richard	East London Runners	MV40-49	10:37.0	166	88
89	0:53:24	PREST, Janis		FV35-49	10:40.6	203	89
90	0:53:30	ETHERIDGE, Jo	Brighton & Hove Running Sisters	FV60+	10:41.8	168	90
91	0:53:45	OCKENDEN, Roger	Arena 80	MV60+	10:44.8	188	91
92	0:54:18	TREADWELL, Lorraine		FV35-49	10:51.4	259	92
93	0:54:22	POTTER, Mark	Legal & General	MV40-49	10:52.2	255	93
94	0:54:23	TOBUTT, Nick	Horsham Joggers	Senior Men	10:52.4	281	94
95	0:54:40	STEPNEY, Stuart		Senior Men	10:55.8	114	95
96	0:55:01	HALLS, Sharron	Henfield Joggers	FV35-49	11:00.0	210	96
97	0:55:09	SIMPSON, Richard		Senior Men	11:01.6	158	97
98	0:55:15	HINKLEY, Adrian		MV50-59	11:02.8	184	98
99	0:55:16	PETERS, David	Vets AC	MV60+	11:03.0	237	99
100	0:55:20	GREAVES, Martyn	Fittleworth Flyers	MV50-59	11:03.8	164	100
101	0:55:25	BECK, Eric	Stubbington Green Runners	MV40-49	11:04.8	176	101
102	0:55:25	HILLS, David		MV60+	11:04.8	175	102
103	0:55:26	MCARRAGHER, Rob		Senior Men	11:05.0	271	103
104	0:55:34	WEST, MATTHEW		Senior Men	11:06.6	219	104
105	0:55:54	KING, Rodney	Hastings Road Runners	MV50-59	11:10.6	163	105
106	0:56:03	BECKETT, Cath	Burgess Hill Runners	FV35-49	11:12.4	280	106
107	0:56:05	BUTTRESS, Daniel		Senior Men	11:12.8	116	107
108	0:56:12	MCCOLLOUGH, Andy	Otium	MV40-49	11:14.2	128	108
109	0:56:16	ANSCOMBE, Ann		FV50-59	11:15.0	145	109
110	0:56:34	LEWIS, Lesley	Brighton & Hove Running Sisters	FV35-49	11:18.6	202	110
111	0:57:06	DAFF, Stella	Fittleworth Flyers	FV35-49	11:25.0	179	111
112	0:57:11	TAYLOR, Paul		MV40-49	11:26.0	269	112
113	0:57:29	HUGGINS, Theodora	Cambridge H	FV35-49	11:29.6	140	113
114	0:57:33	LAWSON, George	Egdon Heath Harriers	MV60+	11:30.4	230	114
115	0:57:39	CHITTENDEN, Peter	Tone Zone Runners	MV60+	11:31.6	147	115

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116	0:57:59	NORRIS, Emma	Crawley Tri	Senior Ladies	11:35.6	204	116
117	0:58:08	WHELAN, Wendy	A Runners	FV60+	11:37.4	205	117
118	0:58:30	CLEMENCE, Edward	Reigate Priory	MV50-59	11:41.8	240	118
119	0:58:46	IRELAND, Esme	Winchester & District	FV50-59	11:45.0	221	119
120	0:59:31	DEE, Michael	Henfield Joggers	MV60+	11:54.0	143	120
121	0:59:47	FREEMAN, Caroline	Farnham Runners	FV35-49	11:57.2	196	121
122	1:00:26	CARR, Norah		FV35-49	12:05.0	186	122
123	1:00:36	NOAKES, Susan	Southwick Strollers	FV50-59	12:07.0	157	123
124	1:00:45	REVILL, Julia	Denmead Striders	FV60+	12:08.8	127	124
125	1:00:47	EDWARDS, Neil		MV40-49	12:09.2	208	125
126	1:01:09	LUCKIN, ALASTAIR		Senior Men	12:13.6	220	126
127	1:01:37	COATES, Annie	Ranelagh Harriers	FV35-49	12:19.2	289	127
128	1:01:47	MORGAN, Di	Dulwich Runners	MV40-49	12:21.2	213	128
129	1:01:51	NOAKES, James	Southwick Strollers	MV50-59	12:22.0	156	129
130	1:02:17	WILLIAMS, Nina	Saints & Sinners	FV35-49	12:27.2	191	130
131	1:02:17	JAMES, Peter	Saints & Sinners	MV50-59	12:27.2	190	131
132	1:03:07	KIMBANGI, Ingrid		Senior Ladies	12:37.2	129	132
133	1:03:17	OAKES, Susan	Southwick Strollers	FV35-49	12:39.2	239	133
134	1:04:00	SMITH, Steve		MV40-49	12:47.8	253	134
135	1:04:12	WARNER, Graham		MV50-59	12:50.2	109	135
136	1:04:12	WARNER, Ali		FV50-59	12:50.2	108	136
137	1:04:51	LOWE, Sarah	Brighton & Hove Running Sisters	FV35-49	12:58.0	283	137
138	1:04:54	AUSTIN, Philip	Lewes	MV50-59	12:58.6	234	138
139	1:04:54	ACOTT, Michael	Lewes	MV50-59	12:58.6	232	139
140	1:05:05	WHITCROFT, Kay	Brighton & Hove Running Sisters	FV35-49	13:00.8	171	140
141	1:06:49	HEDGER, Douglas		MV40-49	13:21.6	115	141
142	1:07:13	STALLEY, Gillian	Collingwood	FV35-49	13:26.4	227	142
143	1:07:21	Unregistered Competitor		NDB	13:28.0		143
144	1:07:31	PENTLAND, Debbie	Portsmouth Joggers	FV35-49	13:30.0	133	144
145	1:09:45	THORPE, Chris		Senior Men	13:56.7	272	145
146	1:14:44	SHAW, Caroline		FV35-49	14:56.5	279	146
147	1:14:44	Unregistered Competitor		NDB	14:56.5		147
148	1:15:13	MCEWAN, Amanda		FV35-49	15:02.3	174	148
149	1:15:29	HARRISON, Emma		FV35-49	15:05.5	173	149
150	1:15:35	MAINWARING, Elved		MV60+	15:06.7	194	150
151	1:15:39	WAITE, Liz	Burgess Hill Runners	FV35-49	15:07.5	211	151
152	1:15:45	BECKETT, Cath	Burgess Hill Runners	FV35-49	15:08.7	280	152
153	1:16:56	WHITE, Michael	Cranleigh	MV60+	15:22.9	233	153
154	1:17:19	ROBINSON, Vinith	BMF	Senior Ladies	15:27.5	285	154
155	1:17:39	HALSTED, Sarah		FV35-49	15:31.5	121	155
156	1:18:22	MIDDLETON, Michael	Serpentine Running Club	MV60+	15:40.1	141	156
157	1:23:41	WING, Stephen	Maidstone Harriers	MV50-59	16:43.9	155	157
158	1:42:04	DEE, Cynthia May	Henfield Joggers	FV60+	20:24.5	142	158

There were 158 finishers in the All Competitors category.