**Haywards Heath Harriers**

**Frequently Asked Questions - Returning to training at Whitemans Green**

With the easing of lockdown restrictions, the club is looking at ways in which it can safely facilitate a return to training while adhering to the government guidelines on social distancing and England Athletics best practice.

The following frequently asked questions (FAQ) document sets out what you need to know about our plans to return to face to face training. These measures will be reviewed as the situation evolves and are therefore subject to ongoing revision.

This FAQ document should be considered in conjunction with our club Covid 19 Risk Assessment and Method Statement which can be viewed on the [club website](https://www.haywardsheathharriers.co.uk/training-support-during-covid-19-outbreak.html).

*Where and when are the training sessions going to be run?*

* We have hired Whitemans Green on Tuesday evenings between 5pm to 8.30pm, commencing 20 April.

*What additional safeguards have Haywards Heath Harriers introduced in light of the Covid 19 pandemic situation?*

* In addition to the existing club safety rules and measures, we have prepared a [Method Statement and Risk Assessment](https://www.haywardsheathharriers.co.uk/training-support-during-covid-19-outbreak.html) that sets out the additional requirements needed while operating at Whitemans Green due to the Covid-19 pandemic. This covers such matters as social distancing while training, cleaning and movement of equipment and the use of personal protective equipment where appropriate.

*How will a typical session be run?*

* We will be training in small ‘groups’ of no more than five plus a designated coach or Run Leader. Each training session have no more than five ‘groups’ on the site at a time.

*How long is each session?*

* Each training session will be for around an hour. Juniors will typically train from 6pm until 7pm and seniors from 7pm until 8pm. We will be training with staggered starts so check with your Run Leader for exact times of your session.

*How many training ‘groups’ will be catered for at each session?*

* The number of groups will be dictated by the number of Run Leaders and Coaches available. Each group will have no more than six athletes, including the Run Leader. Over the course of the session, these groups will remain segregated e.g. only one group will be using the track at a time. This is so that we can practically adhere to social distancing requirements.

*How do I secure a place on a training session?*

* To ensure we don’t have more athletes at a session than can be safely catered for, training will continue to be via invitation only. Athletes will be contacted directly and arrangements made to allocate you a place on a training session. This will be done on a rota basis and we will do our very best to ensure everyone is offered a chance to train.

*Am I guaranteed a place on a training session?*

* With the number of athletes at the club, we are unable to guarantee a place on a training session but we have significantly increased our pool of run leaders which will help specifically our endurance groups. To help us, please be as flexible as possible

*How will I know which training session I am on?*

* You will be contacted directly via club channels with confirmation of the session you are booked into.

*What should I do if I can no longer make the session that I am booked on?*

* Please get in touch via club channels as soon as you can so we can allocate the spot to another athlete.

*Can I come up to Whitemans Green on the off-chance that there is a place available at a session?*

* Please don’t attend a session unless you have been told you have secured a place. As a club we are responsible for the safety of our members and will be rigorously maintaining numbers.

*Do these arrangements cover all club athletes?*

* Yes, these arrangements apply to our junior and senior athletes for track and field activities. Our juniors will continue to be trained in ‘social bubbles’. This means that they will train with the same group members at each training session.

*Will the clubhouse facilities at Whitemans Green be open for athletes to use?*

* At this time, there will be no clubhouse facilities available for use by athletes so please leave valuables at home. This also means no toilet facilities so please consider this before leaving home! We would also ask, if possible, to bring your own hand sanitiser with you.

*Are the car parks open at Whitemans Green?*

* Yes, car parks are open and available for you to use.