**Haywards Heath Harriers**

**Frequently Asked Questions - Training at Whitemans Green**

With the latest easing of lockdown restrictions, the club continues to review the ways in which it can safely facilitate training while adhering to the government guidelines on social distancing and England Athletics best practice.

The following frequently asked questions (FAQ) document sets out what you need to know about our current training at Whitemans Green. These measures will be reviewed as the situation evolves and are therefore subject to ongoing revision.

This FAQ document should be considered in conjunction with our club Covid 19 Risk Assessment and Method Statement which can be viewed on the [club website](https://www.haywardsheathharriers.co.uk/training-support-during-covid-19-outbreak.html).

*Where and when are the training sessions going to be run?*

* We have hired Whitemans Green on Tuesday evenings between 5pm to 8.30pm, commencing 20 April.

*What additional safeguards have Haywards Heath Harriers introduced in light of the Covid 19 pandemic situation?*

* In addition to the existing club safety rules and measures, we have prepared a [Method Statement and Risk Assessment](https://www.haywardsheathharriers.co.uk/training-support-during-covid-19-outbreak.html) that sets out the additional requirements needed while operating at Whitemans Green due to the Covid-19 pandemic. This covers such matters as social distancing while training, cleaning and movement of equipment and the use of personal protective equipment where appropriate.

*How will a typical session be run?*

* We will be training in groups of no more than 12 including a designated Coach or Run Leader.

*How long is each session?*

* Each training session will be for around an hour. Juniors will typically train from 6pm until 7pm and seniors from 7pm until 8pm. We may still be training with staggered starts so please check with your Run Leader for exact times of your session.

*How many training ‘groups’ will be catered for at each session?*

* The number of groups will be dictated by the number of Run Leaders and Coaches available. Each group will have no more than 12 athletes, including the Run Leader. Over the course of the session, these groups will continue to remain segregated e.g. only one group will be using the track at a time. This is so that we can practically adhere to social distancing requirements.

*How do I secure a place on a training session?*

* We are fortunate that the new guidelines and our expanded pool of Run Leaders means that you no longer need to be invited to a session directly. You can now just show up but please do help us by letting your Run Leader / Coach know what your plans are.

*Do these arrangements cover all club athletes?*

* Yes, these arrangements apply to our junior and senior athletes for track and field activities.

*Will the clubhouse facilities at Whitemans Green be open for athletes to use?*

* At this time, there will be no clubhouse facilities available for use by athletes so please leave valuables at home. This also means no toilet facilities so please consider this before leaving home! We would also ask, if possible, to bring your own hand sanitiser with you.

*Are the car parks open at Whitemans Green?*

* Yes, car parks are open and available for you to use.