

Middy Report – 6 December 2021

Haywards Heath Harriers were busy at the weekend. With the **Sussex Cross Country League** at Ardingly, the **Mince Pie Ten Mile** race at Seaford and parkrun in action across Sussex (and beyond).

There we seemed to be many who ran the cross country on Saturday and then ran the ten mile race on the Sunday (not forgetting fitting in the Clair parkrun on Saturday morning!).





Runners at the Mince Pie 10.

At The Mince Pie Ten Mile race at Peacehaven on Sunday 6 December, a host of Haywards Heath Harriers turned out for this festive race followed by a mince pie afterwards.

The Harrier Mince Pie finishers were:

Greg Hilton 71.40, **Siobhan Amer** 79.52, **Bryan Tiller** 81.37, **Lindsey Blain** 82.51, **Sam Ridley** 83.37, **Sarah Banks** 87.11, **Carl Bicknell** 1.32.18, **Gary Johnson** 1.36.10, **Marion Hemsworth** 1.43.30, **Andy Henry** 1:43.37, **Clare Kenward** 1.45.05, **Shelagh Robinson** 1.50.58, **Kath Buckeridge** 1.50.58.

Cross Country

At the **Ardingly Showground** last Sunday was the third of the Sussex Cross Country League races. It is the first time that the league has been held at this venue. It seems that Ardingly had been used in the past for other cross country races.

The course was well received by the runners from different clubs. The course held up well with the large number of runners who ventured to the new venue. Though numbers competing were not as many as Stanmer Park (Brighton) back in November.

It was great to see this new venue which was well organised by Haywards Heath Harriers. Many members helped out with the setting up of the course, by marshalling and serving refreshments and baking cakes!



Haywards Heath Harriers men at Ardingly Cross Country.

Harrier's results were as follows:

Under 11 Boys race:

13th **Benjamin Farmer** 8:44; 18th **Rafael Selby** 8:58; 31st **Jack Diack** 9:57; 35th **Yousif Khursheed** 11:45.

Under 11 Girls race:

12th **Annabel Axford** 9:38; 13th **Maya Brazier** 9:39; 33rd **Coco Rhodes** 12:37.

Under 13 Boys Race:

23rd **Noah Blythe** 12:55; 36th **Charlie Stay** 14:16.

Under 13 Girls Race:

32nd **Anya Cole** 16:12.

Under 15 Boys race:

8th **Finlay Blythe** 15:11, 11th **Arun Khursheed** 15:23; 12th **Jonathan Beckett** 15:24; 28th **Jacob Roderick** 16:21; 38th **Harry Russell** 17:27.

Under 17 Mens race:

17th **Samuel Fernley** 19:11.

Senior Ladies race:

23rd **Emma Singer** 22:01; 35th **Katie Reed** 23:08; 44th **Siobhan Amer** 23:45; 51st **Lindsey Blain** 24:03; 64th **Sam Ridley** 24:51; 66th **Gemma Morgan** 24:59; 96th **Jacqueline Barnes**

27:57; 100th **Katherine Buckeridge** 28:49; 102nd **Sarah Hamilton** 29:09; 107th **Shelagh Robinson** 30:32; 109th **Marion Hemsworth** 30:46; 111th **Carys Hind** 31:33.

Senior Men's Race:

27th **Ben Gibson** 30:54; 33rd **Phil Keoster** 31:30; 54th **Andy Hind** 33:07; 55th **James Moffat** 33:08; 75th **Greg Broad** 34:37; 79th **Tim Miller** 34:55; 84th **Tim Stannard** 36:00; 85th **Barry Tullett** 36:10; 87th **Sean Duff** 36:35; 103rd **Michael Dickinson** 37:35; 107th **Tim Hicks** 38:03; 137th **Josh Franks** 41:32; 142nd **Mark Sykes** 42:13; 147th **Carl Bicknell** 43:05;



Oli Farr.

Oli Farr finished his 61st marathon at the **Phoenix Silver Marathon** at Sunbury on Thames last Saturday, on his way to 100 marathons. Well done Oli!

This week's Harriers parkrun results:

Clair parkrun: 3rd **Will Grey** 20:08; 8th **Simon Robinson** 21:12; 18th **Jason Robinson** 23:56; 28th **Howard Booth** 26:20; 38th **Carl Bicknell** 28:27; 68th **Shelagh Robinson** 37:24.

Preston Park parkrun: 1st **James Collins** 17:28.

Teignmouth parkrun: 13th **Dave Warren** 21:30.

